



Spring Splash 2026
Saturday May 2, 2026
Red Deer Recreational
Center



PARTNER HOST: Alberta Artistic Swimming

FACILITY ADDRESS: 4501 47a Ave, Red Deer, AB, T4N 6T4

EVENTS:

Water Show Performances

- Solos (max 2:00min in length)
- Duets (max 2:00min in length)
- Teams (max 2:00min in length)

Development Skills Clinic

Skills clinic is subject to change but could include Artistic Swimming Skills and other aquatic skills Dryland skills beneficial to an artistic swimmer. Dance, orienteering, Flexibility and more Lunch is included

ELIGIBILITY:

Recreational Athletes

Registered as a recreational swimmer member or those in the semi comp programs within their clubs.

Athlete with a Disability

Registered as a recreational swimmer member.

EVENT MANAGER:

Name: Jaime Thompson
Email: jthompson@albertaartisticswimming.ca

AAS CONTACT:

Technical Director: Jaime Thompson jthompson@albertaartisticswimming.ca
Phone Number: 403-461-7577



Spring Splash 2026
Saturday May 2, 2026
Red Deer Recreational
Center



ENTRY DEADLINE:

WATERSHOW/DEVELOPMENT SKILLS CAMP

Entries and applicable fees must be received by 11:59pm on March 30, 2026. Please submit your registration and payment for the event no later than the deadline or **late fees will apply**.

Entry Fees are payable to Alberta Artistic Swimming. **All Fees are non-refundable after the entry deadline and are to be received by the entry deadline of March 30, 2026.**

LATE ENTRIES:

Each entry that is incomplete by the stated deadline(s) is automatically assessed a \$25 fine as per the Alberta Artistic Swimming Finance Policy. It is the coach's and/or swimmer's responsibility to pay this fine to Alberta Artistic Swimming in a timely manner. Failure to do so shall result in disqualification. Incomplete entry fees are payable to Alberta Artistic Swimming. No late entries will be allowed past the specified dates.

Entries will only be considered complete when all registration is done, forms have been submitted to the appropriate people, and all fees have been received by the Alberta Artistic Swimming office.

FEES & PAYMENT OPTIONS:

Entry Fees

A fee of **\$45.00** per swimmer is to be made payable to Alberta Artistic Swimming and included with entry fees to Alberta Artistic Swimming. Fees allow entry to both the water show portion and the development skills camp. Lunch will be provided.

Payment Options

Entry Fees are payable to Alberta Artistic Swimming. All Fees are non-refundable after the entry deadline **11:59pm on March 30, 2026.**

Entry & surcharge fees can be paid one of three ways.

1. Mailed to the Alberta Artistic Swimming office (must be received in the office by the entry deadline).
2. Via PayPal: please note there is a 4% charge for PayPal and you need to request an invoice from etransfers@albertaartisticswimming.ca.
3. E-transfer to etransfers@albertaartisticswimming.ca



Spring Splash 2026
Saturday May 2, 2026
Red Deer Recreational
Center



ENTRY FORMS:

Entries are to be submitted using the form stack link below.

https://albertaartisticswimming.formstack.com/forms/2026_spring_splash_registration_form

EMAIL POLICY AND COMMUNICATION:

All correspondence as required will be forwarded by email to registered recreational clubs. Upon the closing of registration, all correspondence will be sent to registered clubs. All event information and other important communications will be available on the Alberta Artistic Swimming website on the events page under the recreational event.

<https://albertaartisticswimming.ca/spring-splash/>

COACHES MEETING:

The Coach's meeting will take place virtually **April 29, 2026** from 8:00 – 9:00pm (Maximum). Zoom details will be shared closer to the event

- Topic: Spring Splash Coaches Meeting
- Time: Apr 29, 2027 08:00 PM Edmonton
- Join Zoom Meeting
- <https://us06web.zoom.us/j/85601326840?pwd=KjqzMhafAL1035ES2rpcOGwDTpPotw.1>
- Meeting ID: 856 0132 6840
- Passcode: 128666



Spring Splash 2026
Saturday May 2, 2026
Red Deer Recreational
Center



MUSIC SUBMISSION:

File Format

All files must be submitted in MP3 format and uploaded to the dropbox link provided below. You do not need to have a Dropbox membership to utilize this.

Labelling Convention

To correctly identify each swimmer's music, please name the file using the specific naming format as indicated below.

Named as follows: age Team Number_Theme_Swimmer Name or Team_Club.

- Solo ex. 1_baseball_Smith_RDSSC
- Duet ex. 3_Sunshine_Smith and Jones_Aquabelles
- Team ex. 4_Happy_Team Red_Foothills

IMPORTANT: Please make sure not to have any special characters (accents/punctuation marks, #, \$, & etc.) in your file name – your song file may not download correctly and will be missing from the competition folder. Note that underscores are acceptable and can be used to separate words.

Submission Deadline

The deadline to send all routine music files is Submission deadline **April 29, 2026 at 12:00pm**. Note that the Dropbox link will close at 12:00pm and you will no longer have the ability to submit via Dropbox at that time. Late file submission will result in a fine as outlined in the CAS rulebook for late music submission.

Dropbox File Link for Submission

<https://www.dropbox.com/request/Akpj7FFUrKsLeNImQUOI>

Music Considerations

Coaches should review each digital file for quality, timing, and completeness. It is suggested there is a 3-5 second lead from "play" until the music starts. Routines can be no longer than 2:00 minutes each.



Spring Splash 2026
Saturday May 2, 2026
Red Deer Recreational
Center



FACILITY REQUIREMENTS:

To ensure that artistic swimmers continue to uphold a high standard of conduct, and that we are always welcomed at pool and hotel facilities, we respectfully ask that coaches discuss with their swimmer the following code of conduct and require them to abide by it:

- All street shoes **MUST** be removed when on the deck area.
- All food must be consumed in the designated eating areas. No food or drinks are allowed in the change rooms, hallways or deck areas.
- Gel is **ONLY** to be done in the specified gel room. No gelling of hair will be permitted on the pool deck or in the change rooms. Gel used for competitor's hair must not be disposed of in the sinks. Please put unused gel in the garbage. Do not gel hair in the stands or on the pool deck. We ask that where possible, athletes have their hair gelled in the hotel rooms prior to coming to the pool and that the same courtesy is used at the hotel and that all gel is mixed in disposable containers and the excess disposed in the garbage and not down any sink or toilet drains.
- Athletes do not wash their hair in the sinks.
- Coaches are responsible to ensure that no swimmers remove bobby pins, hairpins, or hairnets in the pool area. They are to be removed only in the change area and disposed of in the garbage or marked containers then the coaches are to ensure that no bobby pins are left on the floor or counters.
- All athletes are to behave in a mature manner, respecting the guidelines set out by the facility.
- All facilities are to be left in the manner in which they were found at the beginning of the day.

Gelling & Goggles:

Athletes are welcome to perform with gelled hair or in their caps. Goggle wearing is optional and up to each coach and club to make a choice that best suits the performance level of their athletes.

TENTATIVE SCHEDULE:

Saturday May 2, 2026

9:00am – 9:45am → Laps and routine warmups

9:45am – 11:00am → Water Show Performances

11:00am – 12:30pm → Transition to afternoon sessions and lunch

12:30pm – 4:00pm → Break out sessions



Spring Splash 2026
Saturday May 2, 2026
Red Deer Recreational
Center



MERCHNDISE:

Alberta Artistic Swimming will be selling event swag. Details regarding order deadline, selection, price etc will be shared to the event page shortly.