

**8-10 FIGURES**

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**Compulsory**

- Ballet Leg Single
- Barracuda

**Group 2**

- Front Ariana (starting in the 1<sup>st</sup> split, ideally left leg split)
- Neptunus

**NOVICE & 11-12 FIGURE DRAW**

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**Compulsory**

- Straight Ballet Leg
- Barracuda

**Group 2**

- Front Ariana
- Tower

**ADAS FIGURE DRAW -**

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**Level 3 = Group 2**

- Neptunus
- Kipnus

**Level 5 = Group 1**

- Porpoise
- Kip Spin 180

**Level 2 = Group 2**

- Front Pike Pull Down
- Back Tuck Somersault

**Level 4 = Group 2**

- Tower
- Kip

**YOUTH FIGURE DRAW**

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**Group 6**

- Ipanema Spinning 180
- London Continuous Spin