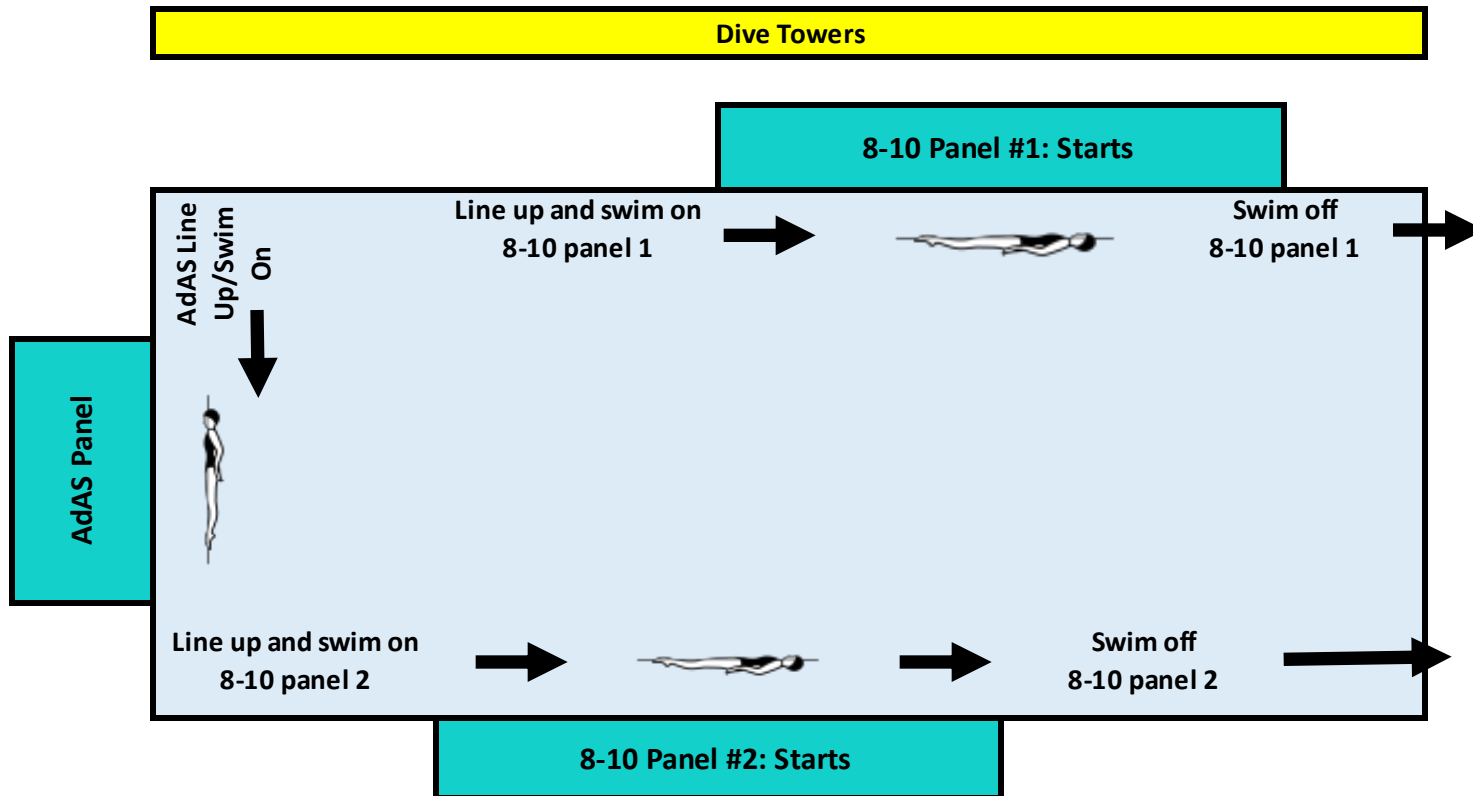




AdAS Figures & 8-10 Figures
Friday January 23, 2026
1:30pm - 2:30pm



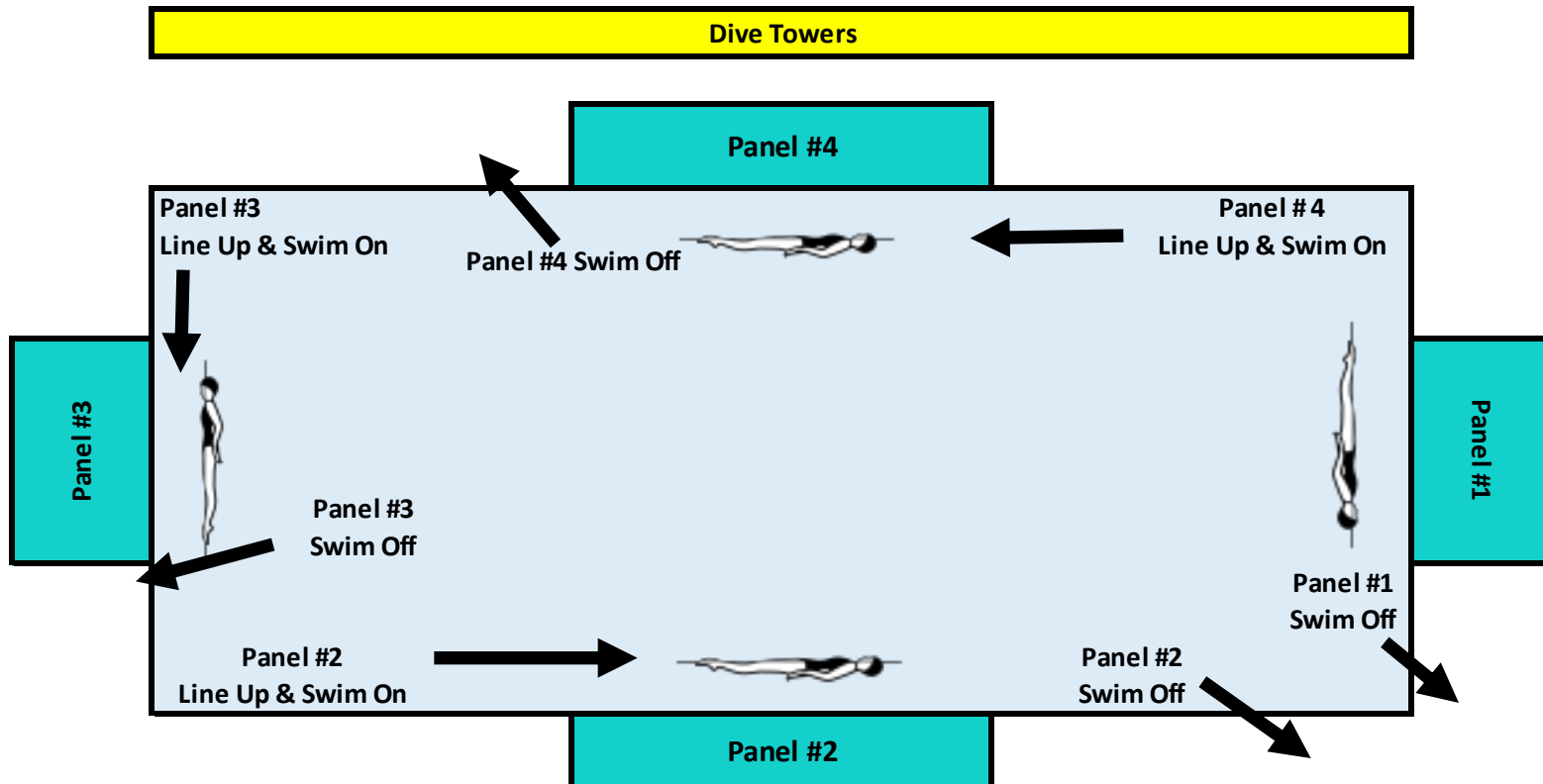
AdAS Panel Order
P2, C2, P3, C3, C4, C5
Start with comp #1 each time and go through figure 1 of each level and then repeat for figure 2

Panel #1
Figure 1 - Ariana - Start #1
Figure 3 - Front layout to pike to fish - Start #10

Panel #2
Figure 2 - Back layout to ballet leg - Start #19
Figure 4 - Back layout to surface arch - Start #29



11-12 & Novice Figures
Friday January 23, 2026
3:05pm - 4:20pm



Panel #1

Figure 1 - 1st half Swordfish - Start #1

Panel #2

Figure 2 - 2nd half Waterdrop - Start #20

Panel #3

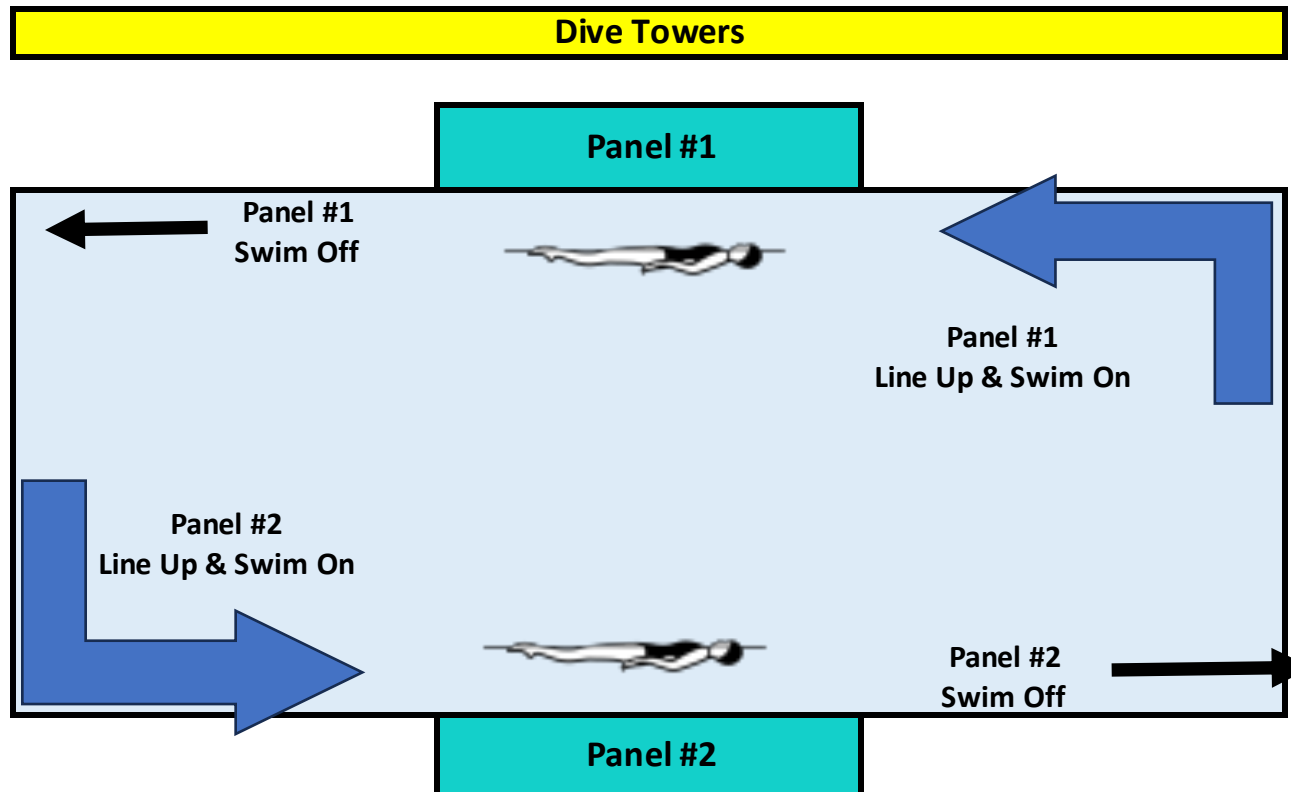
Figure 3 - 1st half Swanita - Start #40A

Panel #4

Figure 4 - 2nd half Kip - Start #61



Youth Figures
Friday January 23, 2026
5:30pm - 7:00pm



Panel #1
Figure 1 - Flying Fish Spinning 180
Start #1

Panel #2
Figure 2 - Cyclone Open 180
Start #55

8-10 FIGURES

Compulsory

- Ariana rotation
- Back layout to ballet leg

Group 3

- Front layout to front pike to fishtail
- Back layout to surface arch position

NOVICE & 11-12 FIGURE DRAW

Group 4

- 1st half swordfish
- 2nd half water drop
- 1st half swanita spinning 180
- 2nd half kip

ADAS FIGURE DRAW – GROUP 1 ALL LEVELS

Level 1 = Group 1

- Back Layout
- Split

Level 2 = Group 1

- Sailboat alternate
- Split to vertical at ankles

Level 3 = Group 1

- Ballet leg single
- Front pike pull down to split (1st half front walkover)

Level 4 = Group 1

- Straight leg ballet leg
- Front walkover

Level 5 = Group 2

- Flamingo bent knee
- Ariana

YOUTH FIGURE DRAW

Group 1

- Flying fish spin 360
- Cyclone open 180