

## Membership Category Definitions

### ATHLETES

#### Short Term Recreational Swimmer

This category is for those participating in recreational programs that is lesson based and/or a program that is no more than six weeks long. Participants participating in more than one 6-week program, must re-register in this category for each time they participate in a 6-week program.

#### Recreational Swimmer

This category is for athletes participating in recreational programs. If you register for this program you will be asked to select one of the following:

- AquaGO!: participating specifically in the AquaGO! program for a determined amount of weeks
- Recreational AdAS: an athlete with a disability participating in a recreational program
- Recreational Master: an athlete 18+ participating in a recreational program and/or with a Masters club
- Other: participating in the club's recreational program

#### Competitive Swimmer

This category is for athletes participating in competitive programs with the intent to compete.

#### Competitive Master

This category is for athletes 18+ competing in masters programs with the intent to compete in masters competitions.

#### Competitive AdAS (Adaptive Artistic Swimming)

This category is for athletes whose disability (physical or cognitive) prevents them from engaging in meaningful competition against able-bodied opponents.

#### Free Trial

This category is for athletes participating in a one-time free session offered by a club that is no more than 2 hours long.

### COACHES

All coaches must meet the CAS Coach Registration and Certification Policy. Please see the Coach Compliance Checklist on the [AAS Website](#) for more information.

#### Competitive Coach

This category is for the coach who will be coaching athletes in a competitive environment, including competitive masters.

#### Recreational Coach

This category is for the coach who will be coaching recreational programs, including AquaGO!

## **Officials**

All officials must be trained and meet the registration requirements. See the Official's Information package on the [AAS website](#) for more information.

### **Provincial Official**

This category is for level 1 or 2 officials, and officials who are level 3 or higher and only intend on officiating in Alberta.

### **National Official**

This category is for the official who is level 3 or higher and will be officiating at CAS-sanctioned events.

## **OTHER**

### **Associate Member**

This category is for the individual who is a club board member, an AAS board member, or an individual who will be directly involved with the athletes such as a chaperone or driver at an out-of-town event.

### **Volunteer**

This category is for the individual who is helping at a club or AAS-hosted competitions and is not already registered in another category. IE a meet manager. Individuals who sit on club committees and are NOT responsible for any decision-making for or on behalf of the club, should register in this category.