



## **Figure Warm Up Pool Specifications**

### **Friday February 20, 2026**

2:00pm - 2:15pm All 8-10 figure competitors in competition pool.

3:05pm - 3:15pm Novice/11-12 figures comp #1-#65 in comp pool, Novice/11-12 figures comp #66-#130 in warm up pool  
3:15pm - 3:25pm Novice/11-12 figures comp #66-#130 in comp pool, Novice/11-12 figures comp #1-#65 in warm up pool

5:25pm - 5:35pm Youth figures comp #1-#65 in comp pool, Youth figures comp #66-#129 in warm up pool

5:35pm - 5:45pm Youth figures comp #66-#130 in comp pool, Youth figures comp #1-#65 in warm up pool

5:45pm - 5:55pm AdAS all competitors in comp pool

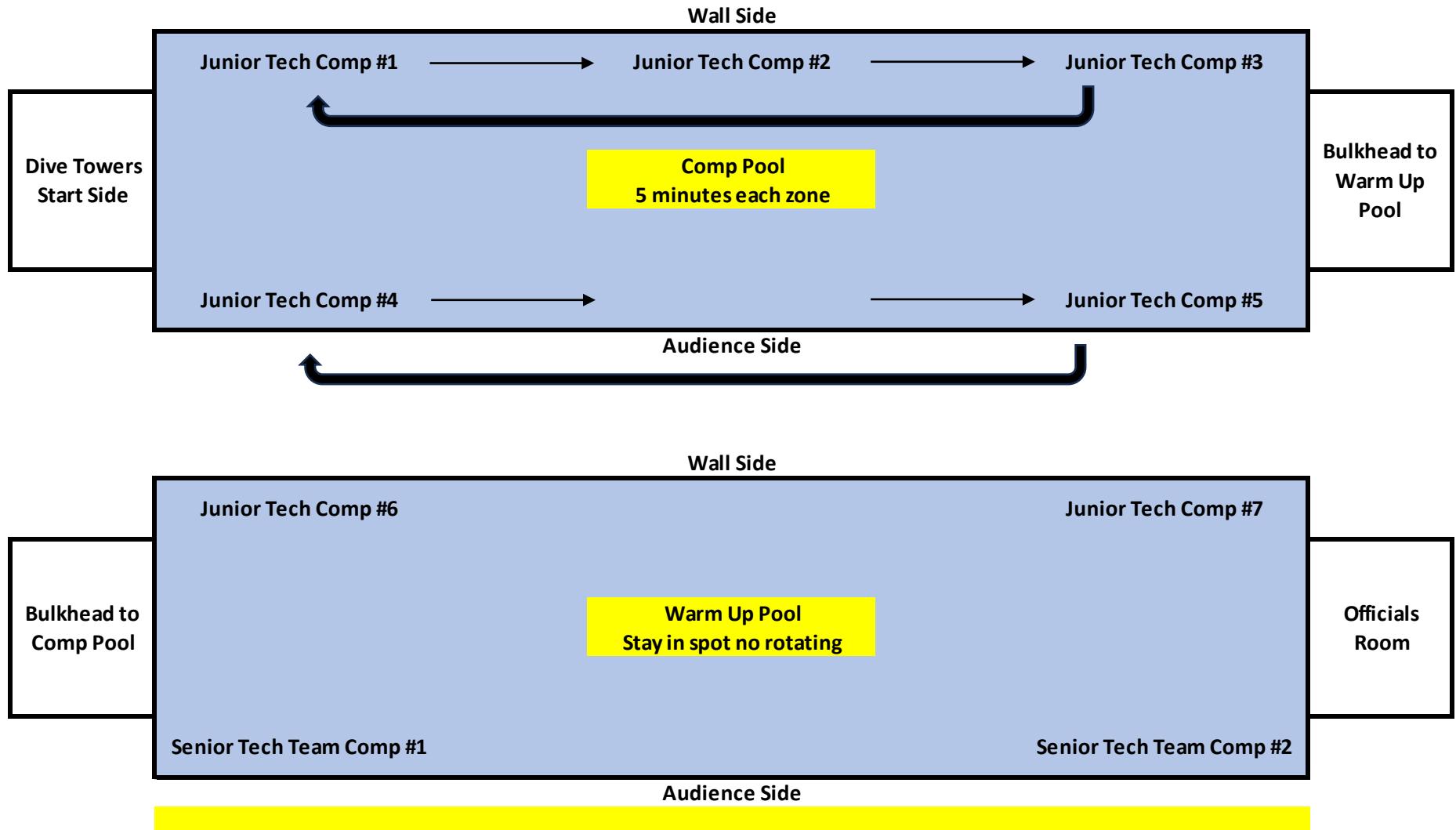
## **Solo Warm Up Pool Specifications**

### **Friday February 20, 2026**

7:30am - 7:40am Junior Tech Solo Comp #1-#13 in comp pool & Junior Tech Solo Comp #14-#21/Senior Tech Solo Comp #1-#5  
7:40am - 7:50am Junior Tech Solo Comp #14-#21/Senior Tech Solo Comp #1-#5 & Junior Tech Solo Comp #1-#13 in comp pool

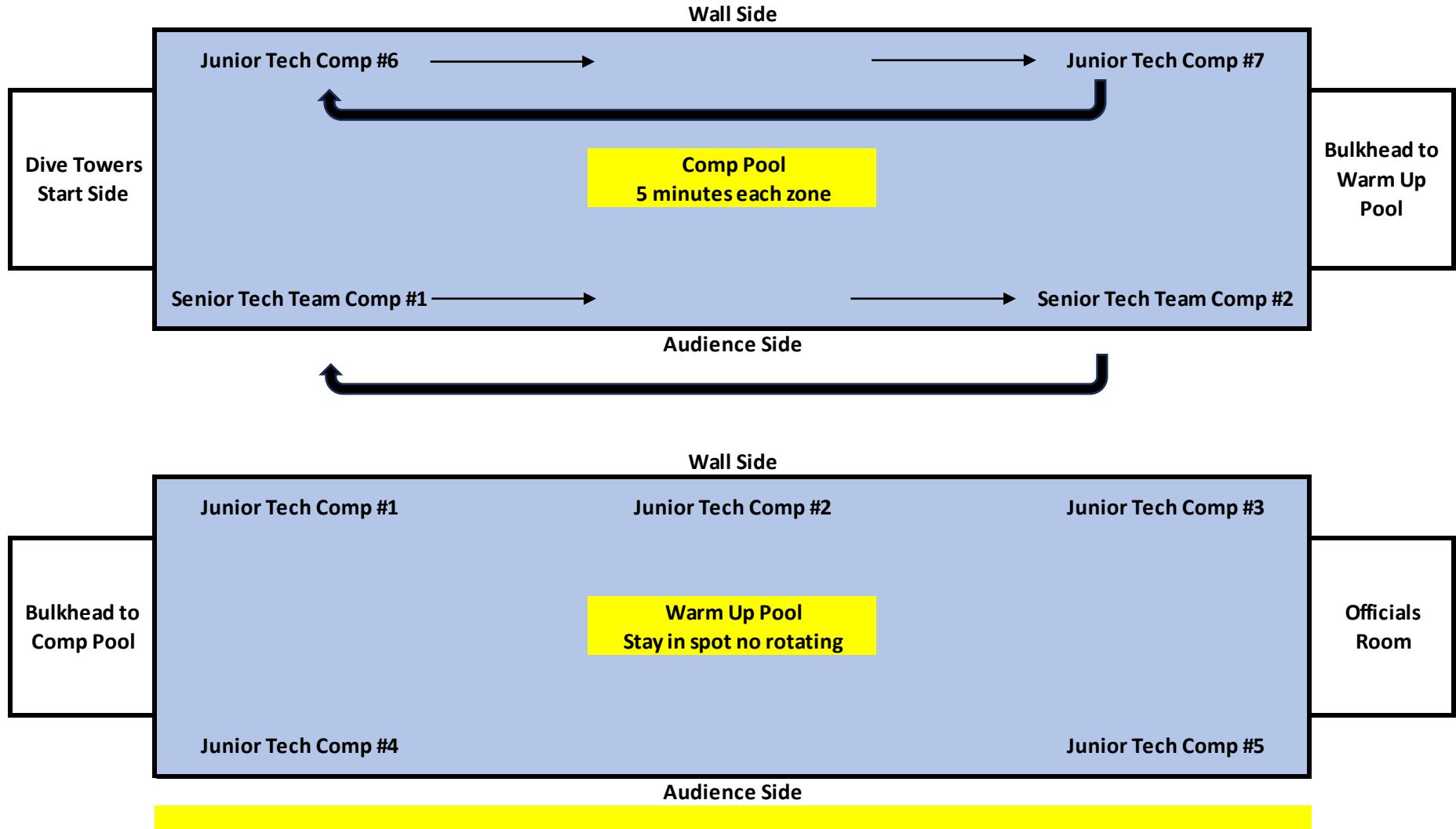


**Junior & Senior Tech Team Warm Up**  
**Saturday February 21, 2026**  
**7:30am - 7:45am**



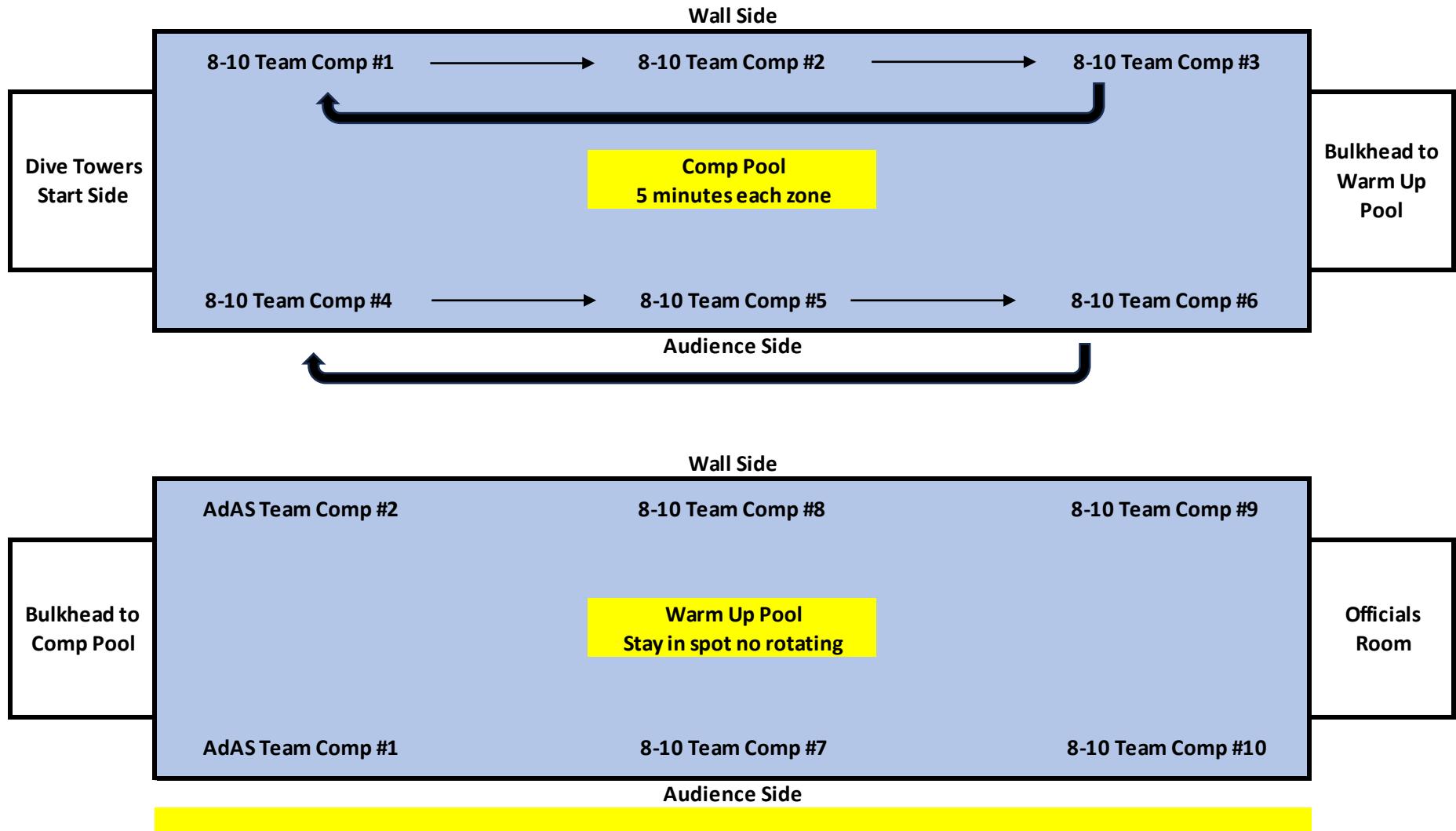


**Junior & Senior Tech Team Warm Up**  
**Saturday February 21, 2026**  
**7:45am - 8:00am**



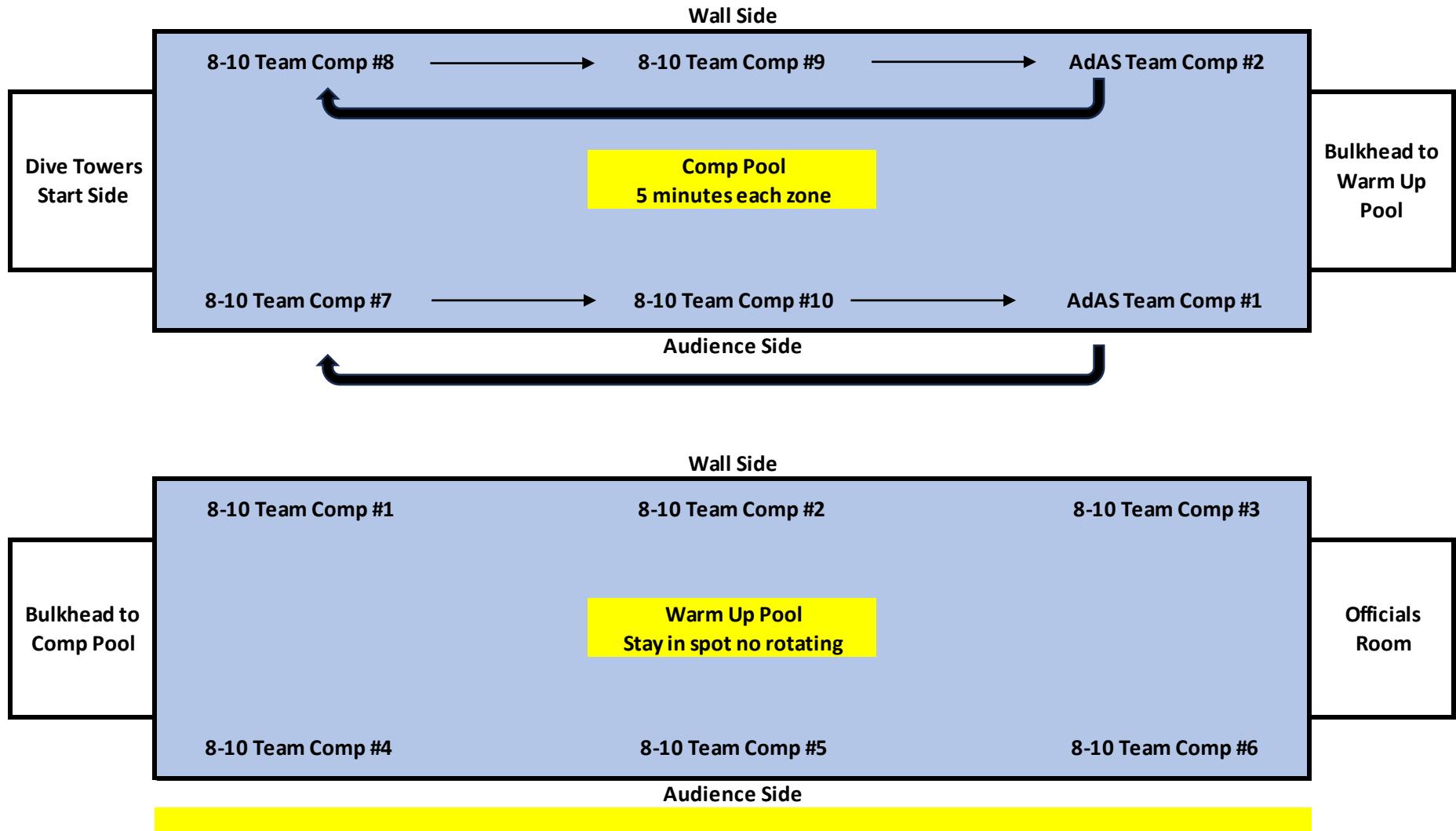


**8-10 Team & AdAS Team Warm Up**  
**Saturday February 21, 2026**  
**8:45am - 9:00am**



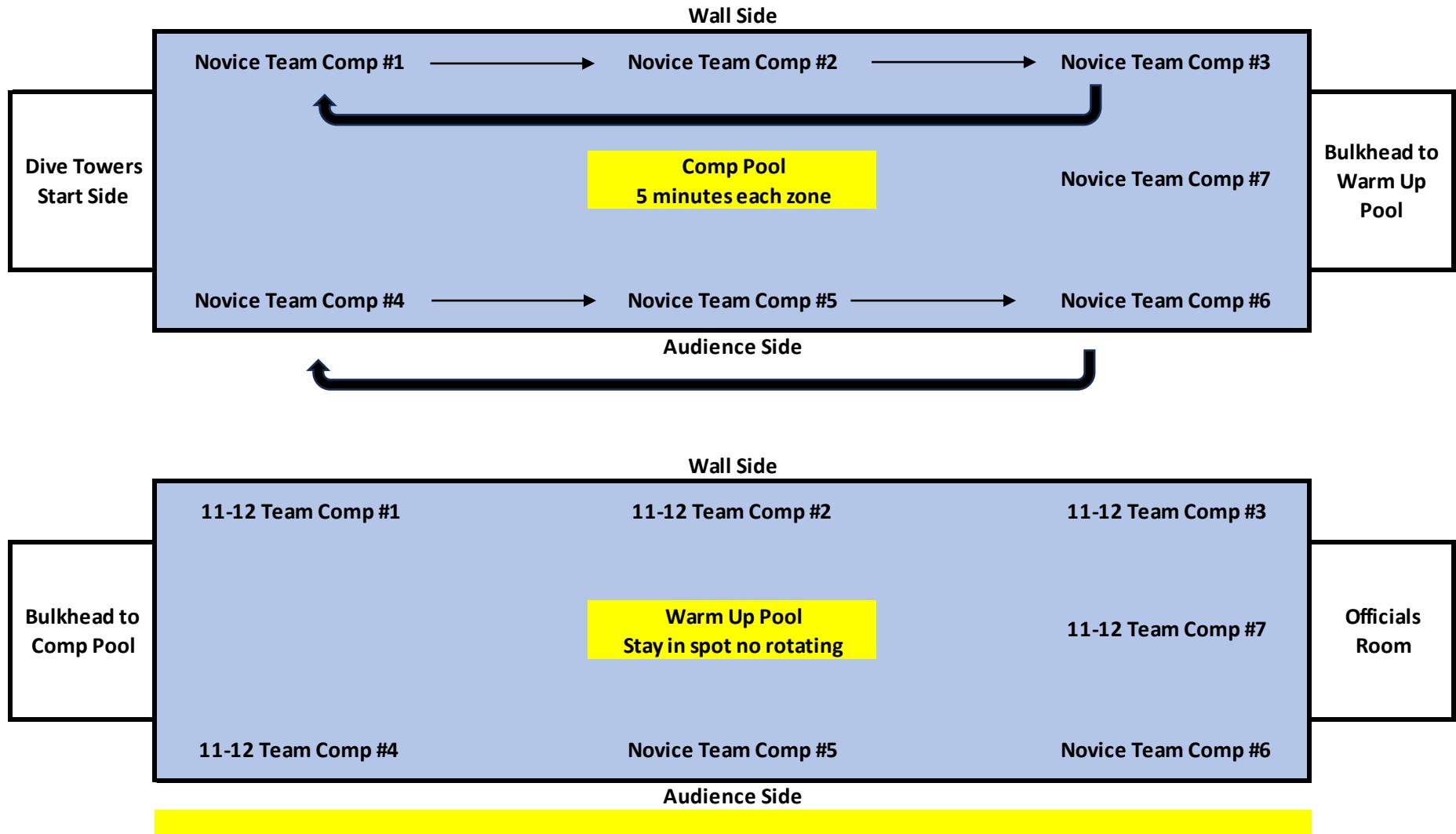


**8-10 Team & AdAS Team Warm Up**  
**Saturday February 21, 2026**  
**9:00am - 9:15am**



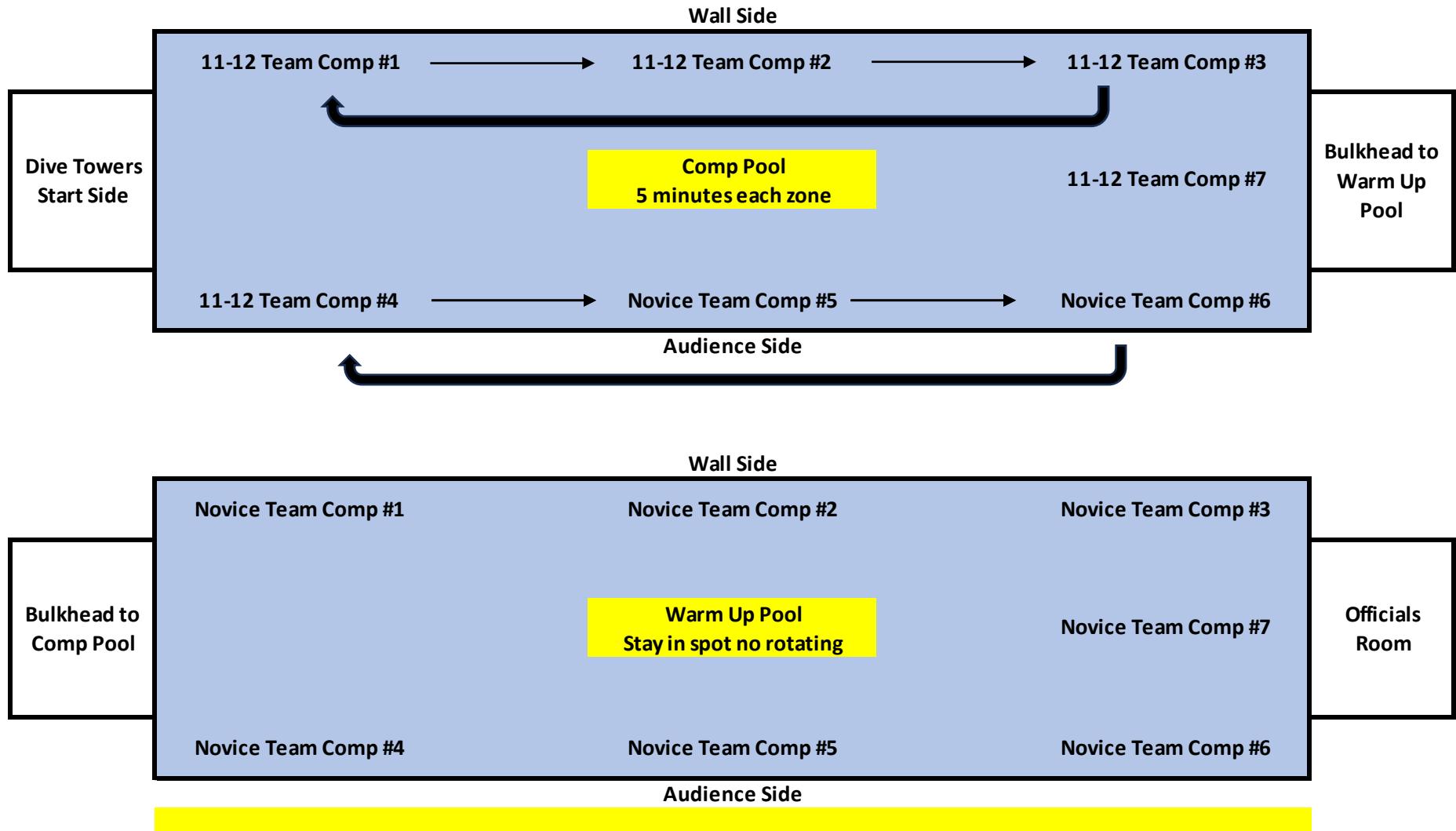


**Novice Team & 11-12 Team Warm Up**  
**Saturday February 21, 2026**  
**10:10am - 10:25am**



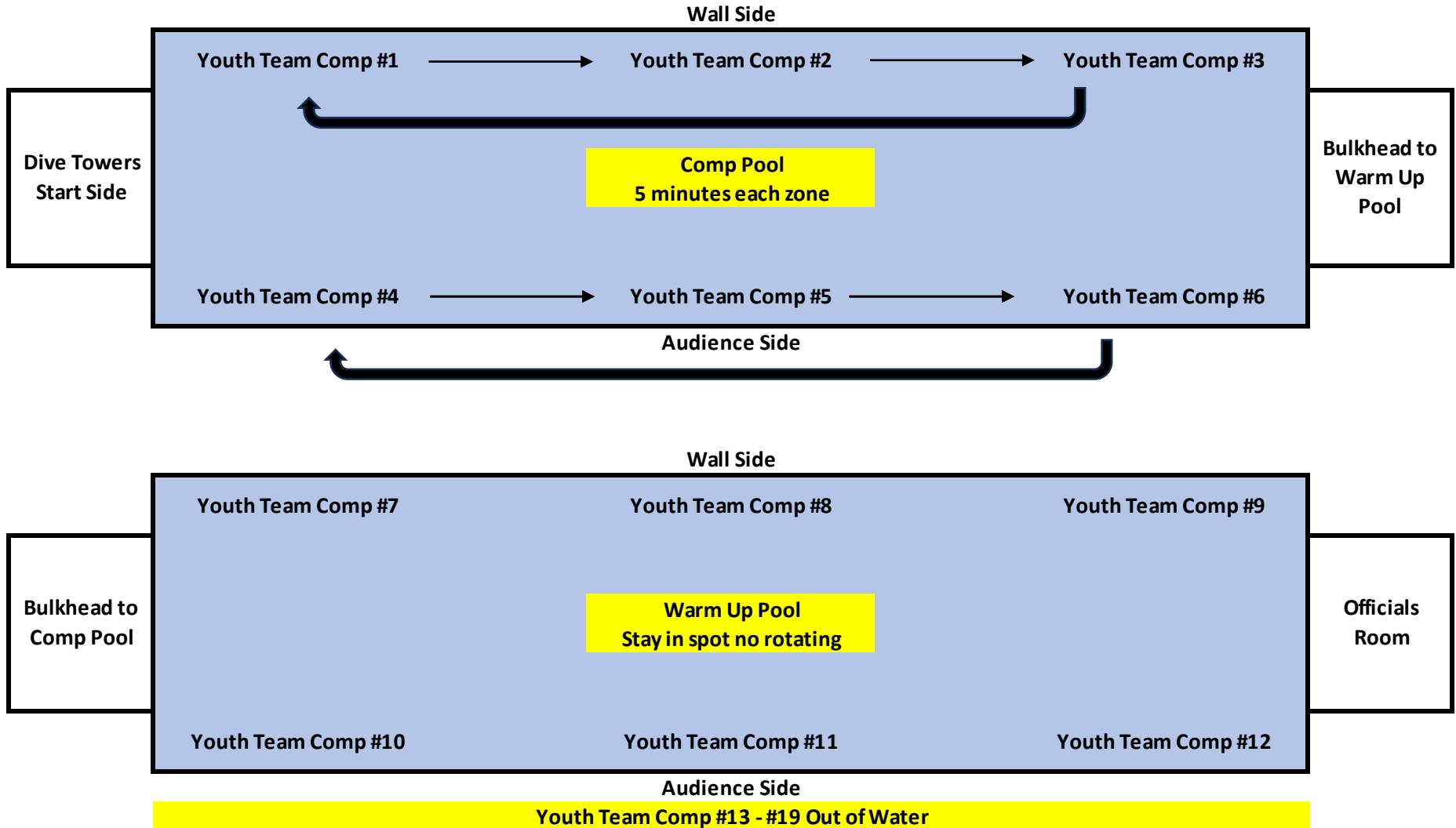


**Novice Team & 11-12 Team Warm Up**  
**Saturday February 21, 2026**  
**10:25am - 10:40am**



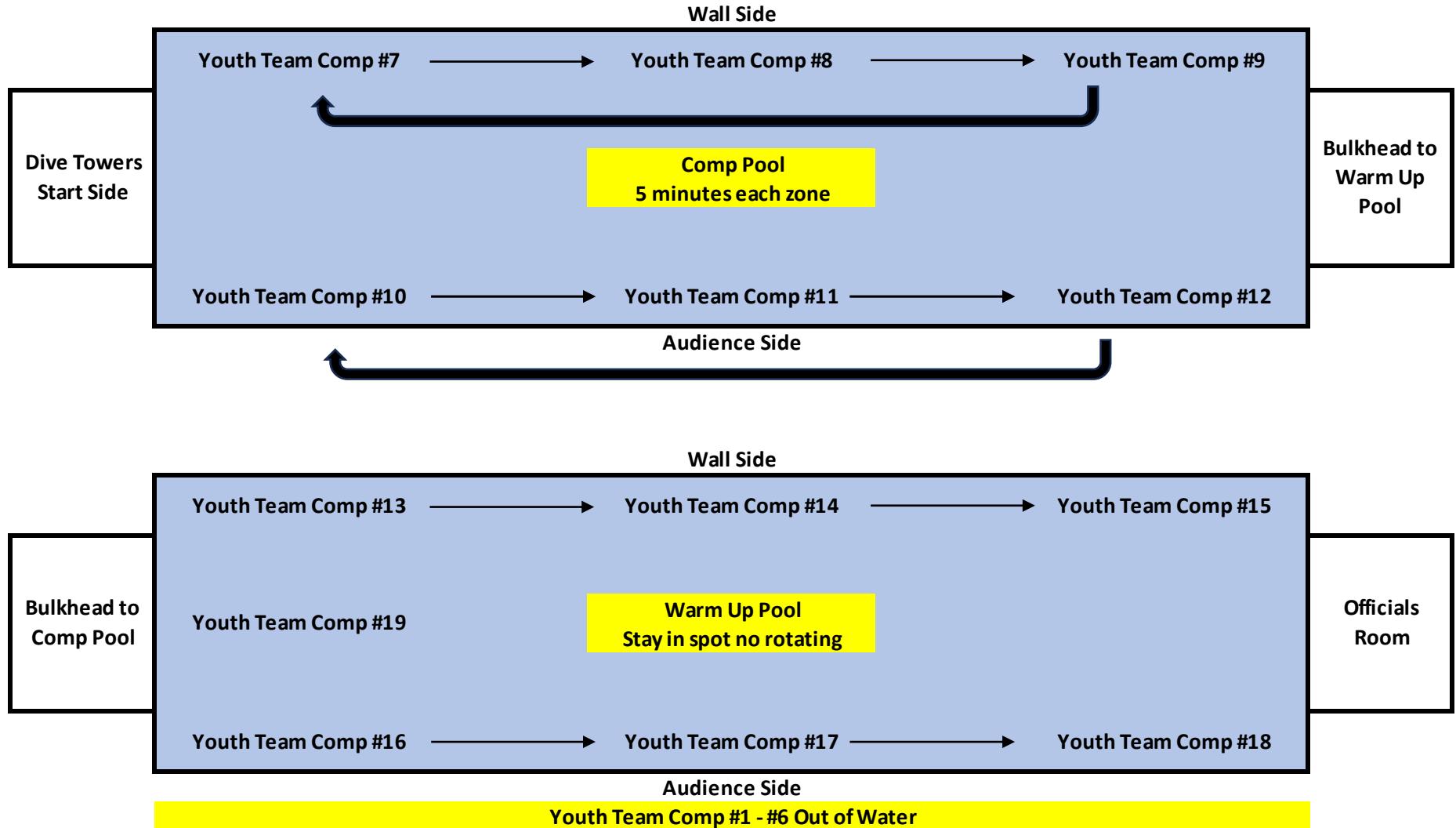


**Youth Team Warm Up**  
**Saturday February 21, 2026**  
**12:00pm - 12:15pm**



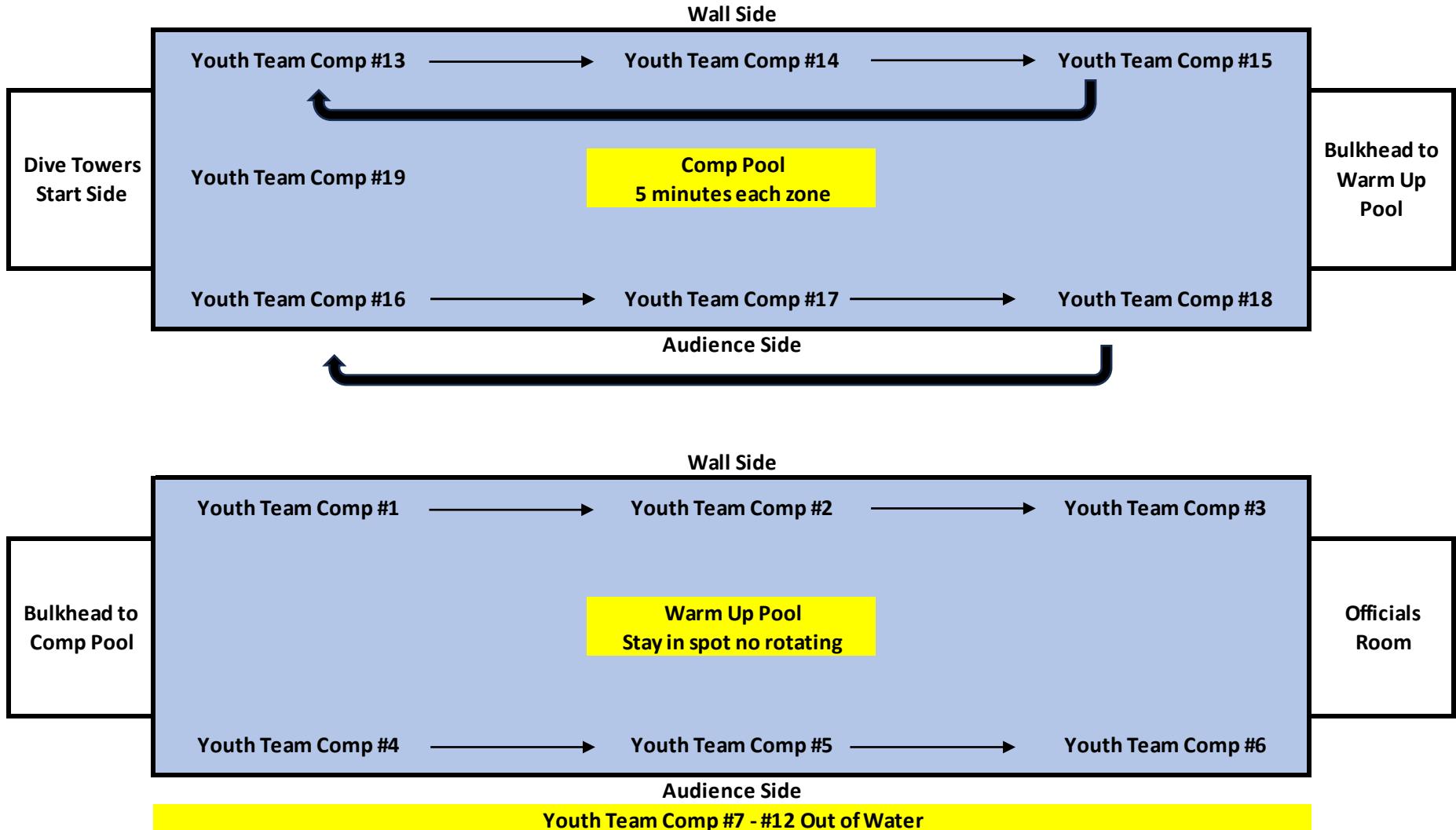


**Youth Team Warm Up**  
**Saturday February 21, 2026**  
**12:15pm - 12:30pm**





**Youth Team Warm Up**  
**Saturday February 21, 2026**  
**12:30pm - 12:45pm**





**Junior & Senior Free Team Warm Up**  
**Saturday February 21, 2026**  
**2:35pm - 3:05pm**



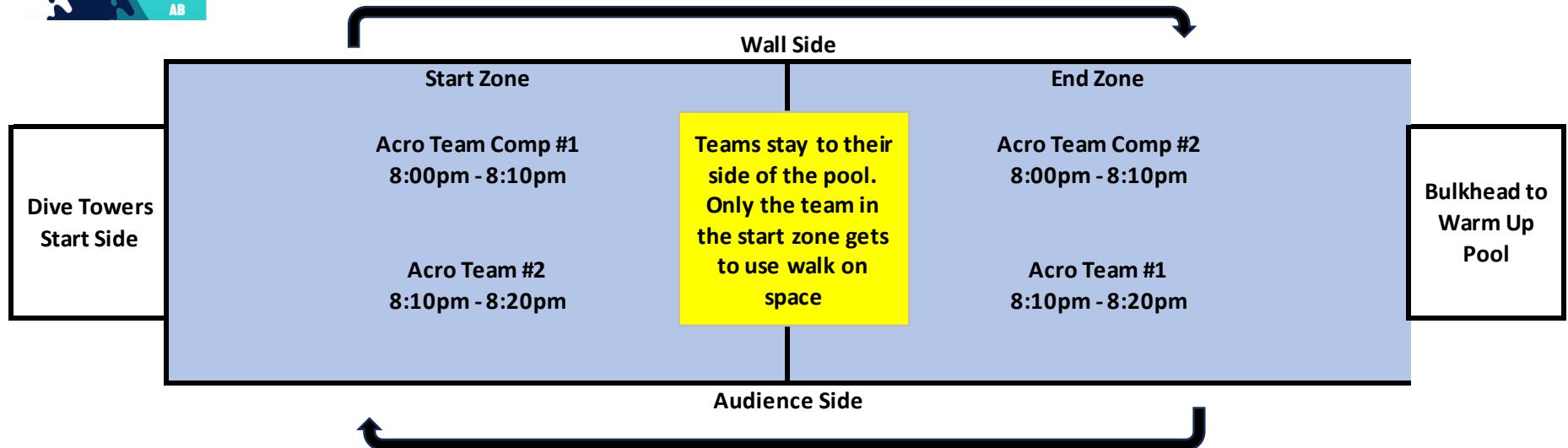
**Solo Warm Up Pool Specifications**  
**Saturday February 21, 2026**

3:50pm - 4:00pm AdAS Solo/Novice Solos in Comp Pool & 11-12 Solos in Warm Up Pool  
4:00pm - 4:10pm 11-12 Solos in Comp Pool & AdAS Solo/Novice Solos in Warm Up Pool

6:05pm - 6:15pm Youth Solo Comp #1- #10 in Comp Pool & Youth Solo Comp #11-#21 in Warm Up Pool  
6:15pm - 6:25pm Youth Solo Comp #11- #21 in Comp Pool & Youth Solo Comp #1-#10 in Warm Up Pool



**Acro Warm Up**  
**Saturday February 21, 2026**  
**8:00pm - 8:20pm**





## **Solo Warm Up Pool Specifications**

### **Sunday February 22, 2026**

7:20am - 7:30am Jr Free Solo Comp #1-#14 in Comp Pool & Jr. Free Solo Comp #15-#21/Sr. Free Solo Comp #1-#7 in Warm Up Pool  
7:30am - 7:40am Jr. Free Solo Comp #15-#21/Sr. Free Solo Comp #1-#7 in Comp Pool & Jr Free Solo Comp #1-#14 in Warm Up Pool

## **Duet Warm Up Pool Specifications**

### **Sunday February 22, 2026**

9:45am - 9:55am 8-10 Duets in Comp Pool & Novice Duets/AdAS Duets in Warm Up Pool  
9:55am - 10:05am Novice Duet/AdAS Duet in Comp Pool & 8-10 Duets in Warm Up Pool

11:25am - 11:35am Jr Tech Duets #1-#5 in Comp Pool & Jr. Tech Duet #7-#7/Senior Tech Duets in Warm Up Pool  
11:35am - 11:45am Jr. Tech Duet #7-#7/Senior Tech Duets in Comp Pool & Jr Tech Duets #1-#5 in Warm Up Pool

1:10pm - 1:20pm 11-12 Duet Comp #1-#7 in Comp Pool & 11-12 Duet Comp #8-#14 in Warm Up Pool  
1:20pm - 1:30pm 11-12 Duet Comp #8-#14 in Comp Pool & 11-12 Duet Comp #1-#7 in Warm Up Pool

2:30pm - 2:40pm Youth Duet Comp #1-11 in Comp Pool & Youth Duet #11-22 in Warm Up Pool  
2:40pm - 2:50pm Youth Duet Comp #11-22 in Comp Pool & Youth Duet #1-11 in Warm Up Pool

4:30pm - 4:45pm Junior Free Duets & Senior Free Duets in Comp Pool