



Rocky Mountain Qualifier
February 20-22, 2026
Max Bell Aquatic Centre
Lethbridge AB

PARTNER HOST: To be confirmed by October 2025

FACILITY ADDRESS: 4401 University Drive, Lethbridge AB

EVENTS:

Routine and Figures:

Youth, Junior & Senior Solo (includes 4 figures or tech routine)

Youth, Junior & Senior Duet (includes 4 figures or tech routine)

Youth, Junior & Senior Team (includes 4 figures or tech routine)

Youth Combo Team (routine only)

Acro Routine (Junior/Senior)

8-10, 11-12, Novice figures (4 figures)

8-10, 11-12, Novice Free Team Routines, Duets & Solos

- **Note 8-10 Solos will only be permitted if there is no other routine for the athlete to swim on.**

Adapted Programming (AdAS): 4 Figures, Solo, Duets and Teams

Trios (all categories)

- Note trios are only permitted if there is no other option for the athlete to swim. If they are swimming a trio they cannot be in any other routine.
- Trios are not permitted at National Qualifier and Nationals as this is not a CAS recognized event.
- Trios will follow the same rules as the duets for that particular age category and will be organized with duets in the schedule.
- Trio allowance is only in place for the 2024-2025 second pilot season and will be evaluated upon completion of the season.

ELIGIBILITY:

Competition Stream:

Registered as a competitive swimmer member.

Meet age eligibility to compete in one of the following age groups of 8-10, Novice, AdAS, 11-12, Youth, Junior or Senior.

Adapted Programing/Mixed Abilities:

Registered as a competitive swimmer member. Meet eligibility to compete in cognitive levels 1-6 or physical levels 1-6.

COMPETITION RULES:



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Rules:

The meet is governed by the rules outlined by Canada Artistic Swimming and Alberta Artistic Swimming in their respective rulebooks and technical information memos. Please refer to those rulebooks and memos for clarification. **For any technical questions please direct them to the Chief Referee or the Alberta Artistic Swimming office, specifically Jaime Thompson Technical Director.**

JR. & SR. Technical Routine Element Penalties:

If coaches wish to contest penalties, they must report to the technical director or referee immediately following the event. Protests relating to technical elements will only be accepted for 30 minutes following the event as per Alberta Artistic Swimming rules. If deemed necessary, a video review will follow rule **4.7.1d** of the Canada Artistic Swimming Rule Book.

Reminders:

NOTE – all individuals are reminded that they must adhere to the Canada Artistic Swimming (CAS) Conduct Policy and that **harassment** of any volunteers, officials, facility staff, coaches, AAS staff, athletes or any individuals **will not be tolerated**. Any breaches will be subject to discipline as per the applicable AAS or CAS policies.

AAS CONTACT:

Technical Director: Jaime Thompson jthompson@albertaartisticswimming.ca

Phone Number: 403-461-7577

CHIEF REFEREE:

To be confirmed at a later date

MEET MANAGER:

Name: To be confirmed once host club has been determined

Email: To be confirmed once host club has been determined



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ENTRY DEADLINE:

Figures & Routines:

Entries and applicable fees must be received by 12:00pm on December 10, 2025. Please submit your registration and payment for the event no later than the deadline or **late fees will apply.**

Entry & Surcharge Fees are payable to Alberta Artistic Swimming. **All Fees are non-refundable after the entry deadline and are to be received by the entry deadline of 12:00pm on December 10, 2025.**

Spacing:

Clubs can reserve spacing time. You will need to fill in the spacing tab provided in the excel fee calculation form. Spacing will cost \$20.00 per 5 minutes of spacing time. Spacing requests are due at the same time as entries.
12:00pm on December 10, 2025.

LATE ENTRIES:

Each entry that is incomplete by the stated deadline(s) is automatically assessed a \$50.00 fine per late entry as per the Canada Artistic Swimming Late Entry Rule **Section 20.2.2** of the CAS Rulebook. It is the club's responsibility to pay this fine to Alberta Artistic Swimming in a timely manner. Failure to do so shall result in disqualification. Incomplete entry fees are payable to Alberta Artistic Swimming. No late entries will be allowed past the specified dates.

Entries will only be considered complete when all registration is done, forms have been submitted to the appropriate people, and all fees have been received by the Alberta Artistic Swimming office.

ENTRY FORMS:

As the new database unrolls it has yet to be determined how registration will be taken in at this time. Communication on how to register will be shared when it is available. In the event that the "Event Management Database" is not set up by the registration due date the fee calculation form will suffice. Please ensure fee forms are submitted by the deadline to avoid late charges.

All clubs must submit the fee calculation form by **DECEMBER 10, 2025.**

When you have completed your entries, you must submit a copy of the entry report to:
Technical Director: Jaime Thompson: jthompson@albertaartisticswimming.ca

It is important that you add your club abbreviation at the beginning of the file name so the recipients can distinguish one entry from the next. Please use the following nomenclature: "club name 2026 Event Name" If you need to edit your entry forms, please re-submit your form with the word "edit" added to your file name.



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FEES & PAYMENT OPTIONS:

Entry Fees:

Age Group	Figures	Solo	Duet/Mixed Duet/Trio	Team	Combo	Acrobatic
8-10	\$45.00	\$45.00	\$95.00	\$175.00		
Novice	\$45.00	\$45.00	\$95.00	\$175.00		
AdAS	\$45.00	\$45.00	\$95.00	\$175.00		
Novice	\$45.00	\$45.00	\$95.00	\$175.00		
Youth	\$45.00	\$45.00	\$95.00	\$175.00	\$205.00	
Junior		\$45.00 Tech	\$95.00 Tech	\$175.00 Tech		\$205.00
		\$45.00 Free	\$95.00 Free	\$175.00 Free		
Senior		\$45.00 Tech	\$95.00 Tech	\$175.00 Tech		\$205.00
		\$45.00 Free	\$95.00 Free	\$175.00 Free		
Jr./Sr. Technical Fee	\$20.00/athlete registered in a technical routine					

Fees are subject to change

Surcharge Fees:

A surcharge of \$5.00 per swimmer per event is to be made payable to Alberta Artistic Swimming and included with entry fees to Alberta Artistic Swimming. Please use the Fee Calculation form and include a printed copy when mailing in your fees or an electronic copy when paying through E-transfer or requesting a PayPal invoice. Please make sure that you register the number of athletes in the duet, team, and combo categories NOT the number of routines. There is a separate box for alternates for teams and duets. Surcharges for athletes scratched after the entry deadline will be applicable.

Payment Options:

Entry & Surcharge Fees are payable to Alberta Artistic Swimming. All Fees are non-refundable after the entry deadline **12:00pm on December 10, 2025.**

Entry & surcharge fees can be paid one of three ways.

1. Mailed to the Alberta Artistic Swimming office (must be received in the office by the entry deadline).



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2. Via PayPal: please note there is a 4% charge for PayPal and you need to request an invoice from bcipywnyk@albertaartisticswimming.ca
3. E-transfer to etransfers@albertaartisticswimming.ca

COMMUNICATION:

Email Policy:

Any correspondence that is distributed via email will be emailed to the those listed on the final entry forms. Results will be emailed to those listed on the final entry form.

Communication:

All meet information packages, and other important communications will be posted on the Alberta Artistic Swimming Website event page. Only special updates, when necessary, will be emailed to coaches. It is the responsibility of the coaches to check the event page for updated information, draws, pool maps etc.

Language Policy:

All event announcements will be made in English.

Security and Health Services:

Trained lifeguards will be always on deck during the competition.

COMPETITION INFORMATION:

Schedule:

The tentative schedule outline is included at the back of this document. A more detailed schedule will be posted to the website once the registration deadline has closed. Please note that due to multiple factors such as official and volunteer availability the schedule is still subject to change. After the final schedule is posted if there are major changes to the schedule coaches will be notified via email.

Draws:

Figure groups will be drawn a minimum of one week prior to the start of the competition and will be posted to the AAS website event page. Any questions regarding the draw information can be directed to Jaime Thompson Technical Director. Routine draws and order of appearance will be drawn as soon as possible and posted to the website.

Warmups:

Due to the large number of competitors in some of the warmups and the variance of age and ability level within some of the warmups, the time will be regulated, and rotations of groups will be specified. We will do this to ensure the safety of the athletes in the pool. Routine warm up maps will be posted to the AAS website once registration has closed. They will also be posted on the pool deck during the event.



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Event Locations:

Figures competition will take place in the competition pool. All routine competitions will be held in the Competition Pool with lap warm up and execution space available in the lanes beside the Competition Pool.

GELLING AND MAKEUP:

Make Up

Athletes can apply or touch up their own make up. Make up application can be done on the deck or in the designated areas in the locker room. Clubs are responsible to clean up any mess associated with this. Failure to do so could result in a fine.

Gelling

Athletes will be permitted to gel however they should gel hair prior to coming to the pool when possible. When it is not possible, athletes can use the designated hair gelling station.

Some additional gelling guidelines that athletes/clubs must adhere to are...

- Gel is ONLY to be done in the specified gel room.
- No gelling of hair will be permitted on the pool deck.
- Gel used for competitor's hair must not be disposed of in the sinks. Please put unused gel in the garbage.
- Do not gel hair in the stands or on the pool deck. We ask that where possible, athletes have their hair gelled at home or in the hotel rooms prior to coming to the pool and that the same courtesy is used at the hotel and that all gel is mixed in disposable containers and the excess disposed in the garbage and not down any sink or toilet drains.
- Athletes do not wash their hair in the sinks.
- Coaches are responsible to ensure that no swimmers remove bobby pins, hairpins, or hairnets in the pool area. They are to be removed only in the change area and disposed of in the garbage or marked containers then the coaches are to ensure that no bobby pins are left on the floor or counters.
- Clubs are responsible to clean up any mess associated with this. Failure to do so could result in a fine.

RESULTS AND AWARDS:

Results

Results will be shared in the AAS Dropbox and the coaches registered for the event will have access to the Dropbox. They will be posted to the AAS website as soon as they are available.

Awards

We will present Championship awards at the event. We ask that club keep their athletes pool to attend the awards ceremonies. If an award presentation is missed, clubs can pick up their championship awards on the pool deck.



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Remaining non championship awards will be available for pick up at the event. Each Club will have a bucket with their awards in it on the deck beside the official's room. If you cannot pick up your awards you will have to make arrangements with the meet manager to receive the awards. This is the responsibility of the coach/club.

MUSIC SUBMISSION DEADLINE:

File Format

All files must be submitted in MP3 format.

Labelling Convention

To correctly identify each swimmer's music, please name the file using the specific naming format as indicated below.

Named as follows: age_group_event_swimmer name or team_club.

- Solo ex. 13-15_NSsolo_JaneDoe_Auroras,
- Duet ex. 13-15_NSduet_Smith and Jones_Auroras
- Team ex. 13-15_Nsteam_Team Red_Auroras

IMPORTANT: Please make sure not to have any special characters (accents/punctuation marks, #, \$, & etc.) in your file name – your song file may not download correctly and will be missing from the competition folder. Note that underscores are acceptable and can be used to separate words.

Submission Deadline

The deadline to send all routine music files is **February 6, 2026 at 12:00pm**. Section 13 Music Accompaniments of the CAS rule book will be followed in regards to music at the AAS events. In the event of late or incorrect submissions clubs will be fined as outlined in section 13.2.1 of the CAS rule book and failure to pay fines within the specified time frame will result in the fine and penalty as outlined in section 13.2.2 of the CAS rule book.

Music Submission

A Dropbox File Request will be sent to the emails supplied in the final entry form and clubs will be able to send their music files by clicking on the link received (no Dropbox account is required).

Music Considerations

Coaches should review each digital file for quality, timing, and completeness. It is suggested there is a 3-5 second lead from "play" until the music starts.

COACH CARD SUBMISSION DEADLINE:

Please take note of the rules below governing coach card submission deadlines for the 2026 Rocky Mountain Qualifier. They have been designed to ensure maximum fairness while keeping the competition running



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smoothly as we all learn to navigate the new system.

All coach cards must be uploaded to the drop box using your club's drop box file request before **Tuesday February 17, 2026 @ 5:00pm MST**. Failure to submit coach cards by the deadline will result in a **\$150.00 fine per infraction**.

All these coach cards will be imported into the scoring system **and considered final**, except in the 2 cases below:

Medical Issue

Clubs who need to change a coach card because of a medical issue that prevents them from performing a routine as per the originally submitted coach card will be allowed to change their coach card up to 2 hours before that start of a session. Note when events are grouped together as an example 8-10 team, 11-12 team & Novice Team are considered as a single session starting at the time of the first event/routine. These medical changes will need to be approved by the event Chief Referee.

Last Resort Desperation Move:

Clubs who want to change a coach card for reasons other than the above medical issue will be allowed to do so no later than 8:00pm MST the night before an event but will need to pay a \$100.00 fine to do so.

New Coach Card Submission:

New coach cards will always need to be submitted by uploading to drop box via your file request link and file names should NEVER be changed from the names given by ISS coach card software. Coaches doing this will need to notify the technical director, scorer and chief referee via email.

COACHES MEETING:

The Coach's meeting will take place virtually **February 17, 2026** from 8:00 – 9:00pm (Maximum). Zoom details are below. Each club must have one representative in the meeting.

Topic: RMQ Coaches Meeting

Time: **Feb 17, 2026** 08:00 PM Edmonton

- Join Zoom Meeting
- <https://us06web.zoom.us/j/88156887607?pwd=Owb9HCit8BEFf6sHYWvCFOppDeHR7P.1>
- Meeting ID: 881 5688 7607
- Passcode: 942110



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FACILITY REQUIREMENTS:

To ensure that artistic swimmers continue to uphold a high standard of conduct, and that we are always welcomed at pool and hotel facilities, we respectfully ask that coaches discuss with their swimmer the following code of conduct and require them to abide by it:

- All street shoes **MUST** be removed when on the deck area.
- All food must be consumed in the designated eating areas. No food or drinks are allowed in the change rooms, hallways or deck areas.
- Gel is **ONLY** to be done in the specified gel room. No gelling of hair will be permitted on the pool deck or in the change rooms. Gel used for competitor's hair must not be disposed of in the sinks. Please put unused gel in the garbage. Do not gel hair in the stands or on the pool deck. We ask that where possible, athletes have their hair gelled in the hotel rooms prior to coming to the pool and that the same courtesy is used at the hotel and that all gel is mixed in disposable containers and the excess disposed in the garbage and not down any sink or toilet drains.
- Athletes do not wash their hair in the sinks.
- Coaches are responsible to ensure that no swimmers remove bobby pins, hairpins, or hairnets in the pool area. They are to be removed only in the change area and disposed of in the garbage or marked containers then the coaches are to ensure that no bobby pins are left on the floor or counters.
- All athletes are to behave in a mature manner, respecting the guidelines set out by the facility.
- All facilities are to be left in the way they were found at the beginning of the day.
- In the event that AAS receives a fine from the facility this fee will be billed to the club and or divided amongst the clubs if it is not obvious as to which club was responsible.

EVENT MERCHANDISE:

The host club will have several merchandise items available for purchase. Some items will be required to be ordered prior to the event. More details regarding swag will be distributed later.

HOST HOTELS

Sandman Signature Lethbridge Lodge

To Make Individual Reservations

You can call our 24-hour Central Reservations office at 1-800-726-3626 / 1-800-SANDMAN.

- In order to receive the correct rates, callers must reference:
 - Sandman Signature Lethbridge Lodge
 - Group Name: Rocky Mountain Qualifier
 - Block ID: 604706
 - Block code: RMQ2026
- A valid credit card is required at the time of reservation to secure any guests rooms.



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Sandman Hotel Lethbridge

To Make Individual Reservations:

- You can call our 24-hour Central Reservations office at 1-800-726-3626 / 1-800-SANDMAN.
 - In order to receive the correct rates, callers must reference:
 - **Sandman Hotel Lethbridge**
 - **Group Name:** Rocky Mountain Qualifier
 - **Block ID: 603696**
 - **Block code: RMQ2026**
- A valid credit card is required at the time of reservation to secure any guests rooms.