



Membership Category Definitions

ATHLETES

Recreational Swimmer

This category is for athletes participating in recreational programs. If you register for this program you will be asked to select one of the following:

- AquaGO!: participating specifically in the AquaGO! program
- Recreational AWAD: an athlete with a disability participating in a recreational program
- Recreational Master: an athlete 18&over participating in a recreational program and/or a Masters Club
- Other: participating in the clubs recreational program

Competitive Swimmer

This category is for athletes competing in the Provincial Stream and National Stream as an age group swimmer. programs. If you register for this program you will be asked to select one of the following:

- National (an athlete that will be attending CAS sanctioned events such as the National Qualifier and Canadian Championships. Typically this is the 13-15NS, Junior and Senior age categories)
- Provincial (an athlete who is competing at the provincial level only)

Competitive Master

This category is for athletes 18&Over competing in the Masters Stream.

Competitive AWAD

This category is for athletes whose disability (physical or cognitive) prevents them from engaging in meaningful competition against able-bodied opponents.

CUASL

This category is for athletes participating in a post-secondary program.

Free Trial

This category is for athletes participating in a free session offered by the club.

COACHES

All coaches must meet the CAS Coach Registration and Certification Policy. Please see the Coach FAQ Document on the [AAS website](#) for more information.

Competitive Coach

This category is for the coach who will be coaching athletes in a competitive program. There are requirements that must be met in order to register and coach at this level. See the [Coach Development Pathway](#) on the [Artistic Swimming Coach](#) website.

Recreational Coach

This category is for the coach who will be coaching recreational programs, including AquaGO!. Coaches must be AquaGO! trained or a trained Synchro Instructor (pre September 2018). See the [Coach Development Pathway](#) on the [Artistic Swimming Coach](#) website.

OFFICIALS

All officials must complete a Sterling Talent Solutions background check which can be done through H2OREG. Officials must also complete the Safe Sport module or Respect in Sport module.

Provincial Official

This category is for the official who is level 1 or level 2 OR is a level 3 or higher but only intends to officiate in Alberta.

National Official

This category is for the official who is level 3 or higher and will be officiating at CAS sanctioned events.

Associate Member

This category is for the individual who is a club board member, an AAS board member or an individual who will be directly involved with the athletes such as a chaperone or driver at an out of town event.

Volunteer

This category is for the individual who is helping out at club or AAS hosted competitions and is not already registered in another category. IE a meet manager. Individuals who sit on club committees and are NOT responsible for any decision making should register in this category.