

ALBERTA ARTISTIC SWIMMING TECHNICAL REGULATIONS

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1. ELIGIBILITY

In order to be eligible to register in an Alberta Artistic Swimming sanctioned competition, athletes must be current competitive swimmer members with Alberta Artistic Swimming.

2. SANCTIONS

All competitions in the province must be sanctioned by Alberta Artistic Swimming (AAS) as per the AAS Competition Sanctioning Policy.

3. EVENTS

3.1 TYPES

- a. AAS Sponsored – qualifying and provincial events including Fall Dryland Event, Northern Lights Event, Rocky Mountain Qualifier and Wildrose Classic
- b. Invitationals – events hosted by Alberta Artistic Swimming clubs not defined in 3.1.a
- c. Alberta Artistic Swimming Partnered – events where AAS has partnered with an external stakeholder to include but not limited to Canada Artistic Swimming (CAS) competitions, SYNC, or Alberta Winter Games.

3.2 ENTRY FEES

- a. Entry fees for sponsored meets are determined by the AAS Board as per their Finance Policy.
- b. Invitational fees are set by the host club to make the meet self-funding.
- c. Entry fees for partnered meets are set by the governing body identified for the event.
- d. Entry fees for all meets are non-refundable.

4. OFFICIALS

- a. All officials (judge, referee or scorer) must be a member of AAS in a category as defined by the Canada Artistic Swimming Registration Policy.
- b. Panels for meets
 - i. All panels for all meet types will be managed by the committee member assigned by the Officials Committee, in accordance with CAS rules, with the exception of a Canada Artistic Swimming or International meet.
 - ii. Minimum certifications for meets will be as per the respective Officials Certification policy.
- c. The Chief Judge is in charge of the judges and the Chief Referee is in complete charge of the meet once it begins.

5. COACHES

- a. Only member coaches listed on the coach roster for entries will be allowed on pool deck provided they meet the minimum certification required.
- b. Minimum certification requirements for deck privileges at Provincials, Wildrose Classic and Masters Provincials are as per those outlined in the CAS Coach Registration and Certification Policy.

6. PROVINCIAL EXCEPTIONS TO THE CAS RULES

6.1 AWARDS

1. Alberta Artistic Swimming ribbons will be awarded for 1st to 6th place for all qualifier figure, technical and free routine and championship results.



- i. 16-20 athletes will receive a duplicate award for their placement in 13-15 figures of 1st to 6th.
2. Alberta Artistic Swimming medals will be awarded for 1st to 3rd and ribbons for 4th to 6th place for championship results for National Stream athletes at Rocky Mountain Qualifier and Provincial Stream athletes at Wildrose Classic. Alberta Artistic Swimming ribbons will be awarded for 1st to 6th place for all figure, technical routine and free routine results at all events.
 - i. 16-20 athletes will receive a duplicate award for their placement in 13-15 figures of 1st to 6th.
3. Alberta Artistic Swimming ribbons will be awarded for 1st to 6th in all Masters events.

6.2 PROVINCIAL STREAM

- a. Novice category:
 - i. Open to swimmers that are 11 years of age and older by December 31st of the competitive season, who have not been registered or competed as a competitive swimmer in the past.
 - ii. A swimmer will only be able to swim in this category for 1 year with an exception granted for a second year in 2021-22 only for a swimmer who swam Novice in the 2020-2021 competitive season.
 - iii. The Novice rules will be as per the 11-12 category. All swimmers on teams and duets must be eligible to swim and be swimming in the Novice category.
- b. 16-20 category: (to be piloted in the 2021-2022 season)
 - i. Events
 - a. Technical Routine - solo, duet and team (no figures)
 - b. Free Routine – solo, duet and team
 - c. Solos, Duets and Teams may enter technical, free or both.
 - ii. Entering 13-15 Events
 - a. A 16-20 aged athlete competing on a 13-15 team will enter 13-15 figures.
 - b. A 16-20 aged athlete will receive a duplicate award for their placement in 13-15 figures.
 - iii. 13-15 Athletes in 16-20 Events
 - a. A 13-15 aged athlete may swim on a 16-20 technical or free team and is not required to swim 13-15 figures unless entered in a 13-15 solo or duet event.
- c. Athlete Swim Up Age Group (to be piloted in 2021-2022 season)

An athlete, who has been deemed to be at developmental age group the next age group up from their chronological age, may swim up. If an athlete swims up an age group, then the following applies:

 - a. they must swim figures, solo and duet within this age group, team will be determined as per average age as defined in Team Composition of Appendix H in the CAS Rulebook;
 - b. they may not swim down in subsequent years except in the event that they are averaged to be part of a lower aged team but not the lower age group figures;
 - c. they will be considered for any AAS programs or teams based on the age group they compete within.
- d. All swimmers must swim in the appropriate age category and event in the Wildrose Qualifier meet in order to advance to the Wildrose Classic. Exceptions may be granted to those with a medical note.
- e. The top 24 solos, duets and teams from the Qualifier will qualify for the Wildrose Classic.

6.3 NATIONAL STREAM

- a. All swimmers must swim in the appropriate age category and event in the Northern Lights Event in order to advance to the Rocky Mountain Qualifier, with the exception of the 13-15 figures event which will be open. Further exceptions may be granted to those with a medical note.
- b. The top 24 solos, duets and teams from the Northern Lights Event will qualify for the Rocky Mountain Provincials.



6.4 MASTERS STREAM

- a. Masters is open to all competitors 18 years of age or older, who are no longer engaged in Amateur Provincial or Canadian Competitions. Once an athlete affiliates as a master swimmer, he/she may not compete as an amateur swimmer in that competitive season, nor hold an amateur card in artistic swimming (i.e. now holds a master's card as opposed to an amateur card.)
- b. Female and male athletes will compete together in all events.
- c. Age Requirements
 - i. Age Groups:
 - Solo and Duet: 18-29, 30-39, 40-49, 50-59, 60-69, 70+.
 - Trios and Teams: 18-34, 35-49, 50-64, 65+.
 - ii. For duets, trios and teams, the age is determined by the average age of the competitors.