



## AquaGO! Instructor FULL Online Course

- Dates:** May 25, 26, 27, June 1 and June 3: 7:00pm to 9:00pm (see detailed schedule below)
- Candidate:** This online AquaGo! course is for new coaches or previously trained Comp Intro+ coaches who will be delivering the AquaGO! Program in their clubs.
- Facilitator:** Jaime Thompson
- Platform:** Zoom – it is the participant’s responsibility to ensure you are prepared. If you do not have the app make sure you have enough time on the start date of the course to follow the link to install the app.
- Deadline:** May 19, 2021

Registration is via the [Artistic Swimming Coach website](#) > Coach Calendar. Registration is open to AB residents first and will be on a first come first serve basis. Min. of 5 and max. of 12 participants.

- Fee:**
- \$150 online course fee – payable to Alberta Artistic Swimming\*
  - Additional fees for prerequisites and micro-teaching evaluation – see below
- \$150 Payment to AAS is made after prerequisites are completed as per the following options:**
- E-transfers\* emailed to Jennifer Luzia at [jluzia@albertaartisticswimming.ca](mailto:jluzia@albertaartisticswimming.ca)
  - PayPal invoice\* – subject to 4% administration fee – request invoice from [Jennifer Flowers](#)
  - Cheques payable to Alberta Artistic Swimming – AAS must receive them by the deadline

**\*Please reference the AquaGo! May Course and the candidates name.**

**There will be no refunds after the registration deadline.**

### Prerequisites:

- Candidates must be 15 – no exceptions
- Pre-req #1: AquaGO! Preclinic Reading & Quiz - \$50 (payable on [artisticswimmingcoach.ca](http://artisticswimmingcoach.ca))
- Pre-req #2: [CAS LTAD Framework Reading](#) & Quiz – No fee (on [artisticswimmingcoach.ca](http://artisticswimmingcoach.ca))
- Pre-req #3: S4L Intro to Physical Literacy Module via [sportforlife.ca/campus](http://sportforlife.ca/campus) - \$24.95
- Pre-req #4: Coach Association of Canada (CAC) Coach Initiation in Sport via [coach.ca](http://coach.ca) - Fee \$15
- **NOTE: The registration 'button' for the online course will open to candidates who complete their prerequisites.**

**Micro-teaching Evaluation:** \$10 – payable directly to evaluator once assigned

### Course Information:

- The course will be open to AB coaches first. AAS will contact provinces when we open registrations outside of AB.
- A minimum number of 5 must be registered to run the course and a maximum of 12 will be accepted.
- Candidates must participate via video and audio – candidates must be visible throughout the course. It is your responsibility to ensure your equipment is working.



- Candidates will be considered registered once all prerequisites are completed and AAS has received payment.
- Candidates will receive a link to participate in the workshop no later than May 25th.
- After completing modules 1-5, candidates will be eligible to coach however MUST still complete a skills performance review and a 15 minute micro-teaching session. Information for this will be provided following the course. Once COVID-19 restrictions are lifted and coaching returns to normal candidates will have a limited time to complete these requirements in order to receive full credit as being trained.
- To complete certification please see the information on the [ASC website > Coach Pathway](#).
- The AquaGo! course is the prerequisite to the Competition Introduction Course.

#### DETAILED SHCHEDULE

Modules	Date	Time
Module 1: Delivering AquaGo! •NCCP Overview •Review Locker, CAS Coach Pathways & <a href="http://artisticswimmingcoach.ca">artisticswimmingcoach.ca</a>	May 25th	7:00-9:00pm
Module 2: LTAD & Fundamental Movement Skills	May 26th	7:00-9:00pm
Module 3: Swimming Fundamental Skills	May 27th	7:00-9:00pm
Module 4: Bring a Lesson Plan to Life	June 1st	7:00-9:00pm
Module 5: Artistic Swimming Skills	June 3rd	7:00-9:00pm

