

STAR 1 TEST SHEET



Name & Club	CASSA #	Back Layout Position and Stationary (Flat) Scull	Head First Scull (standard Scull) 5 metres (16 ft)	Foot First (Reverse) Scull – 5 metres (16 feet)	Back Flutter Kick – 12 metres (40 feet) with “Creative” arms (optional)	Back Crawl and Variations – 12 metres (40 feet)	Tub	Somersault Back Tuck	Waterwheel	Routine Element	Routine Propulsion/Transitions	Sequence/Routine	Final Result	Fee Paid/Award Issued
1.														
2.														
3.														
4.														
5.														
6.														
7.														
8.														
9.														
10														

Pass Mark = 4.0 \*Candidate must attempt all skills and must pass at least all but one skill. If the candidate received less than the pass mark on one skill, that mark can be no less than .5 below a pass. (No mark awarded for the sequence)

Test Location: \_\_\_\_\_  
 Test Date: \_\_\_\_\_  
 Host Club: \_\_\_\_\_

Signature of Official \_\_\_\_\_